

Chocolate Cashew Crunch Shake

Blend in Vitamix blender or Nutribullet:

1 cup kale, stem removed, and leaves massaged to sweeten
2 scoops of Dr. Sara's *The Hormone Cure Chocolate Hormone Balancing Shake*.
1 tablespoon cashew butter
1 cup unsweetened coconut milk, not from can, such as *So Delicious*
1 teaspoon cinnamon
4-5 ice cubes

Top with:

Organic raw cacao nibs

Enjoy!

Makes 1 serving
Calories: 363